

LORETO RAINBOW HOME DHARAMTALA

NEWS LETTER DECEMBER 2016 TO MAY 2017

1. General Status of Children:

- **Children Status:** - During December 2016 to May 2017 Dharamtala Rainbow's total no. of the children are 67 and 4 girls are Day scholars. During this period 9 children got admission in Rainbow Dharamtala.
- The new children are Namomita Barua, Rupsar Khatoon, Khusboo Parveen, Sagufta Parveen, Sabukta Parveen, Swastika Maity, Sraboni Halder, Chandi Khatoon, Barsha Khatoon now they are a part of rainbow family between this time period.



2. Activities

• Nutrition Care:

Food is very much vital part for the children health. Because good food makes them healthy and tasty food gives them happiness and healthy mind. So we are always ready to give them healthy and Nutritional food which really they are deserves which the children are like most.

The interval of every 3 months we are changing our food menu discussed with the food committee. During that period, we have added in the menu like Sunday Breakfast is Chapati and Alur dam, Chicken curry and rice / Chicken Biryani is alternative Sunday as a lunch purpose. On Tues day snacks time Chura poha, on alternative Friday children are getting Veg Patties / Veg Pizza, On Saturday at Dinner time we added desi prawn with sabji curry. Thrice in a weak they are getting available seasonal fruits. Daily milk is given to the children. Every day at 10a.m children are getting light snacks like biscuits, cake. Fresh fish once in a weak we have already given to the children.

We take special care for the sick children on the food menu. We added in our menu like Chicken soap, Milk with Horlick and special fruits (Pomegranate, Guava etc.)



● **HEALTH-**

Almost 20 children were sick and they are treated by local doctor and Hospital as per the necessity.

- Three health camps have been organized here. One camp was for oral checkup which is conducted by our local donor and another was various blood test (Grouping, HIV, Thalassemia, HB, TC, DC, ESR) and another camp is for eye camp which was also organized by our local donor. In this eye-camp parents of children were involved. Some parents got spectacles and some have done their eye surgery with free of cost.



- Last month a short orientation of nursing training had been done in Loreto Eliot Road where spoke person was Sister Sushila and Purnima Miss. Orientation was about home remedy medicine and first aid.
- Very recent we identified few girls and done IQ test from NIMH and got the report also. They will be treated accordingly as per their need.



- One girl is not stable mentally. We took her to the Neuro Psychologist as per our councilor opinion. Her psycho metric tests and counseling are going on. She is under proper medication and care and she is better than before.
- Children's personal hygiene changes a lot. They are quite aware of their health and as well as their menstrual hygiene also. Improvement has been noticed specially disposal of sanitary. We have shown them some video clippings regarding menstrual hygiene and we discussed with the girls especially who are newly facing menstruation.
- Although every week girls are taking care of their nails and hair with the help of Home mothers or their bonding sisters and every once in a month we took little girls to barber for cutting hair also. Girls are following washing hands and plate before and after eating regularly.
- **Education:** Education is the passport to the future, for tomorrow belongs to those who prepare for it today. An

investment in knowledge pays the best interest. The function of **education** is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true **education**.

We don't have bridge course facilities. We have 3 remedial teachers for 3 mainstreams (Arts, Science and English) who comes every day except Sunday and teach to the children for 2 hrs.

On Friday, these remedial teachers give special coaching to those children who are really weak in study. Class 6 on words children are learning computer from their school.

7 girls are appearing for class 10 and 5 girls are appearing for class 12.

7 girls go for vocational training (spoken English) conducted by Brain wear.

Bhumi is the new face in the rainbow. It is a one of the N.G.O who gives to the children (class 6 on words) voluntary service.



Teachers are going through proper lesson plan for each child. Teachers are using proper TLM. During coaching time after assessment teachers

are recognize the children those who are not capable to the others children for them teachers gives them special care and attention as well as some time teachers shows on good educational videos.



Children study new time table is 6-8 p.m. (2 hrs.) for 6 days in the evening. After study time our Education coordinator takes special classes only for those children who are very weak in studies. Every day afternoon time she takes class only Loreto's 5 girls.

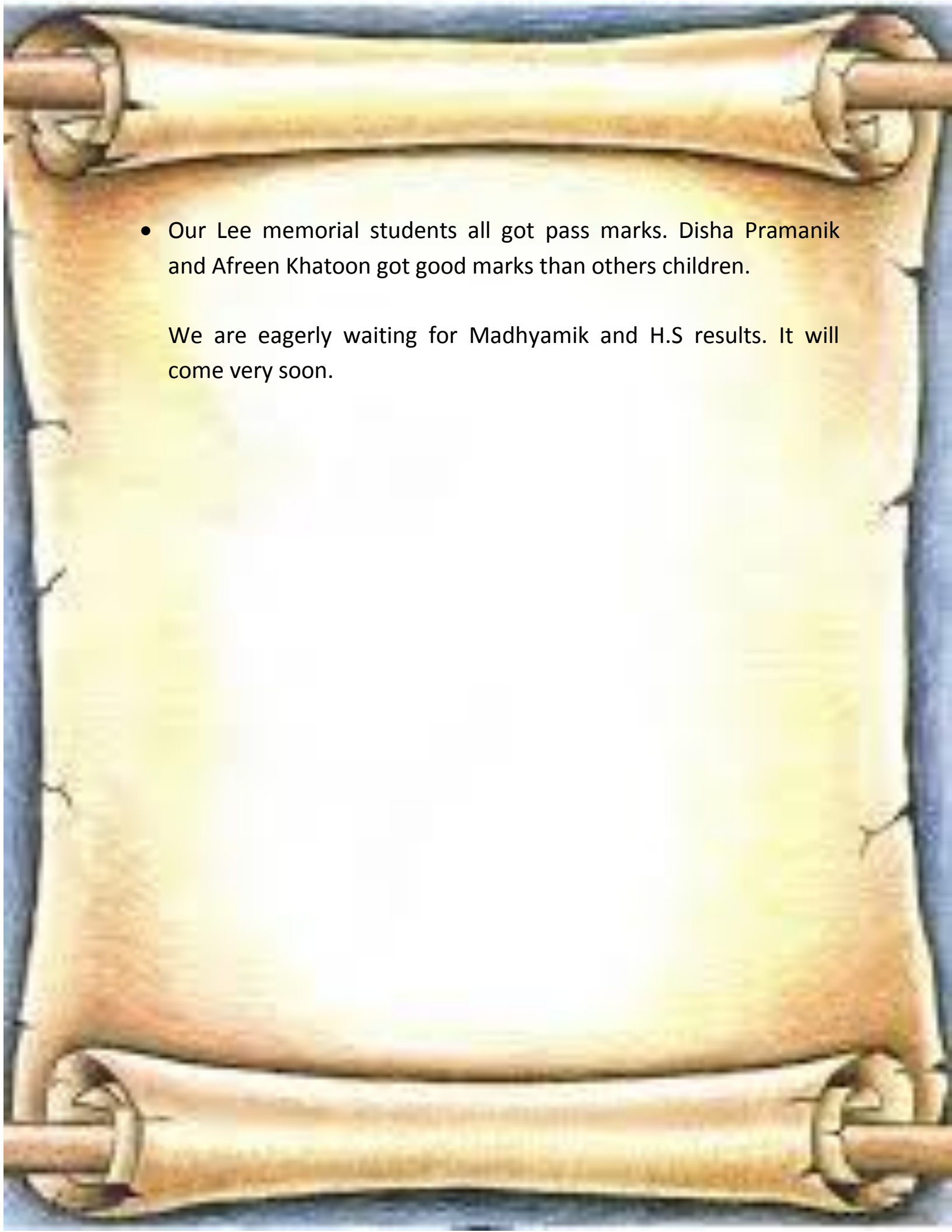




Bodh Siksha Samity has organized training for Rainbow Education coordinator. The training session was for 8 days. The programmed was focused on 4 main points like as Base line assessment, Bridge course, lesson plan, Assessment. From the state office, we got 5 times T.O.T training. We learn from this training that, how to deal with new child, how to create interest on studies with different type of rhymes, songs.

New children are learning alphabets, numbers, place value, concept of colours, Shape etc. Rest of the children are getting base line assessment and we give them special coaching once in a weak.



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- A scroll of parchment with text. The scroll is unrolled, showing a central rectangular area of text. The parchment is yellowed and has some creases and small holes. The scroll is held by wooden rollers at the top and bottom.
- Our Lee memorial students all got pass marks. Disha Pramanik and Afreen Khatoon got good marks than others children.

We are eagerly waiting for Madhyamik and H.S results. It will come very soon.

Life skill

- Within this period, we have taken four sessions among two young girls group. Topics were Introduction and Ice breaking, River off
- Children learnt few things like how to introduce you in a group situation, what and how well you know about your friends, what types of emotions are growing in their mind, what they want to do to come out from this pain, what are the similarities between themselves and river, how they relate their lives with river.
- Children were very happy after this session because they felt free to express their hidden pains and they share it with their teachers. Through this process teachers also know a girl. Not only that they have learnt how to break a tough situation by a playful manner. They are quite interested for next session and next session will be regarding Moolya Mall, Me and My friend etc. But one or two girls they couldn't take this session of river off properly. They have expressed with their teacher that they don't know what are the sorrows and pains??So they took whole session as a game.
- All these sessions were done with the help of Cognizant. Very recent we got new volunteer group name VUMI, who are also helping to continue this session with the children.

Extracurricular activities:

Arts & Craft

Dancing, Singing, Instrumental (Keyboard and Guitar), Karate these are organized by our home. We have two volunteer groups some time they take class on Arts and Craft. All the children are participating by won their wishes.

Children are gaining basic knowledge by all the above mention streams.



Mita Mitra is a Dance teacher, Abijeet Mitra is a karate teacher. Recently he has taken exam on Karate. Planban Paul (Keyboard Teacher) Tarun Paul (Guitar teacher), Payel Guha (Singing teacher) they are from Music Excellence group who are organize all these classes and they are gives free service, train to the children even they give chance to the children to show their performance on the stage.



Sports and Games

1 girl is learning Usho (Boxing type) under of Kolkata Judo Club Organization and 1 girl is learning Hockey from Baptist Girls' High School. Once in a weak this two organization gives them coaching classes .5 girls plays KHOCO for the district level.



Children Participation and leadership: In our Rainbow home we have 10 children committees. They are very active and regular basis do their own duties. Twice in a month Bal sabha are held in our home and this meeting has conducted by the children. Senior girls and Junior girls takes Bal sabha by own. We have bonding sisters, one big girls under has 3 junior girls. Big girl is taking care of other sisters and she care of them, Looking after of sister's study, on dress, sickness etc.



Older Girls Futures:

ACTIVITIES: - We have 14 young friends in our home. We have already started to make plan for young friends. We are waiting for class 10 and class 12 standard girl's results. After their result and marks, they will go their destiny.

Among of 14th girls only 7 girls go to Brain wear for learn in Spoken English and 1 girl she used to work in Fluris now she wants to start her study again as well as she wants to do part time job for help to her family.

One of our young friends got an opportunity in Bigbazar for 5 days' job.

On 8th February one state team member had come in our home and spoke with the younger friends regarding their future plan. How to write youth plan we have discuss between among us.





On 17th February, Jay shanker and group has taken one session at Loreto Sealdah with the young friends. In that session, they have prepared them for board exam.

On 26th February, Children got one session from Future group on Scholar ship. They asked to the children in which steam they wants to choice, how they will get this chance. All the discussion was held at Loreto House.



On 3rd March, children went to fill up their scholar ship form in Ilead. It is an organization, they offered many courses and they have type with many colleges.

On 6th March, from Brain wear one member had come to take one session with the children at loreto Sealdah for joining spoken English class over there.

On 24th March, Future group had organized one program for the children. Parent also joined in that program. That program matter was children future. What they want to be, how they will achieve their goal all the vital discussion was held in front of the parent and how the parent was showing their reaction, what was their dreams for them everything we came to know from that session. It was very much motivated session for the children as well as parents.



Future group has been organized Career Mela for the young friends on 30th April at Bowbazar. There were varies career options. According to children interest they have chosen.



On 3rd May, Children went to Aviation Institute for to gain knowledge about hospitality. This organization has organized one work shop on it.

Celebrations and Festivals:

From December 2016 to May 2017 we have celebrated Christmas celebration, New year 2017 celebration, Republic Day, One Billion Raising on 14th Feb, Recreational tour, Vasha Dibos on 21st Feb, Good Friday, Bengali new year 15th April, Labor Day and every month we are celebrating Birth Day.

NATIONAL FESTIVAL

Republic Day is a very special and important occasion for India and people living in India. We celebrate it every year with lots of preparations. We have organized a short program on that day. Children were performing Dance on Patriotic song, singing a song, gave speech on Republic Day after that program we have listed some motivational, inspirational speech by Sr, Edelin. Remedia Trust one of the N.G.O who has organized Republic Day with the children in our home. They brought craft materials with them and distributed to the children They made Indian Flags and they stamped their hand with Tri Flag colours. Children got toffees from them. On that day children had special food and special snacks.



Christmas Celebration:



Every year Dharamtala loreto school has celebrated christmas party for Rainbow children. Dharamtala school authority nicely arranged this program. They provided food iteams and gave gifts to the children . Loreto girls were dancing and singing for them . They have arranged games for the children. Our children had Biryani with fun and joy.



It was a inter Rainbow Christmas party , has organised Loreto House with the help of Lions Club. This Programme was inaugurated by Sr. Siril. Our 5 Rainbows children and staffs were join on this colourfull party as wel as Entally and Literarcy centre students were present in this program . There were organised Puppet show , Magic show for the children. There were so many foods stoles were present like Dhosa, Idli, Fuchka , Ghugni, Cold drinks , Pav vaji in the programme.

End of the program our children got christmas gummies and every home got one Teddy Bear from them. All the children enjoyed a lot the whole evening.



Christian Of Kolkata has organised Christmas party for the rainbow children at Awakland park. Twelve girls and staffs from our home went there to celebrate the christmas party. Except of loreto rainbows there were many N.G.O's was present in the program. There were christmas carole, puppet show , magic show, singer kamran had come there and made a mucial atmosphere. They all got food packets and gifts packets. Sr. Edelin , Sr. Nirmala , Sr. Sushila were present there. Children enjoyed this program very much.

COMMEMORATIVE DAY :

Labor Day: Many festivals we have celebrated in our home during December 2016 to May 2017 but first time we have celebrated Labor Day in our home. Children were being organized a surprise party for our 3 house mothers. From morning time, big girls made launch and evening snacks for all. On that day house mothers had no work they were totally get freedom. Children were organizing

a program for house mothers. They were dancing, singing, played drama and end of the program gave speech about Lobar Day.

By this celebration children learnt what is Labor Day.



Engagement with families

- In every last Saturday of a month parents meeting are organizing. Many issues are being discussed over there with the presence of our counselor also. At first their presence in every meeting should be mandatory. We discussed with the parents about their opinion of our menu

chart, their school related issues, their physical wellbeing etc.

- Very recent a girl became so aloof and stubborn for not going to school. With the intervention of counselor and parent in the parents meeting, now girl has started to go to school every day.


- Our field worker keeps in touch with all the family members by going their home, taking the photographs also. If any child drops out from home, field worker again trying to bring back her in Rainbow with the help of parents. In every home visit field worker makes it assure that parents should come in parents meeting where various issues are being discussed for the betterment of a child.



Building Social Perspective:

On 11th December ' 2016 : Udaan Taking Flight

Rainbow Foundation India was organised Udaan work shop at Thakur pukur Dhanyan Ashram for the adult girls. Bahadur sir and Srilata mam came from State office to take the session with adult girls. Future members and Sr. Sabrina was



present there. Our rainbows all the adult girls went there for 3 days session. They have discuss on various topics and their main focus was on Adult girl's future. Girls have shared about their future plan with them and how the girls make prepare for themselves that the mentor discuss with them. Not only that ,they give assurance to the girls after 18 yrs they have to change their home either they will stay with their parent or they will do for group living but Rainbow is all time give them support until they stand by own.



On 6th April 2017:

Future group has organised one work shop for the young friends at ,Maheswarpur Badu. Harsh sir, Bahadur sir , Srilata mam, all the PI's , Sr. Sabrina, Rainbow staff, Future group were present there. Harsh sir took long session with the children and he gave assurance to the children that Rainbow will take care of the girls after 18 yrs. Future group has many plans for the children and they wants to implement it on them, they have discussed. From that two sessions children came to know about their future plans and Rainbow will always be stay beside the children.

3. RAINBOW TEAM

• STAFF STATUS:

In our home we have 1 new PI that is Sr. Soria , 1 Home manager and Documentation Incharge is Tanushree Banerjee , Sriparna Sarker is Social Mobiliser, Teresa Rozario is Education co ordinator, Peter Das is Accountant , Sarita Agarwal is Counsellor , 3 Hous e Mother they are Mrs. Rupashi Ghorui , Mrs. Shampa Manna, Mrs. Mariya Mondal. All the staff members of Rainbow have taken over their responsibilities with dutyfully and are



working very well. Sr. Edelin Kujur is transferred to Kolkata Merry Word Social Centre and Sr. Soria has come as a Project Incharge. Apart from them there were no other changes in report.

- **TEAM TRAININGS :**

We got TOT training , Nursing training , Education co ordinator training.

We have learnt from the T.OT training how to manage to children, We have to spent lot of time with the children, understand the children feelings, what they are thinking about them self.

From the Nursing training we have learnt about frist aid taining.

From the Eduction releted training we have learnt so many methords and basic things , we are already appling on the children.

- **Team member's experience sharing:**

Our Education co ordinator shared her frist time Rainbow outing experience . We went Ecco park with the children . We have spend lot of good times , memories with the children, had Chicken biriyani, Cold drinks , Chips , Fuchka , ice cream. We got change to know each other.



4. VISITS:

We are grateful to our all the visitors who come here for the children. Name of the visitors and organizations are Binita Baid from Sankalp, Punam mam, Cognizant, Tushar sir, Sarita Agarwal, Srestha. They are our regular visitors. They love to spend time with the children, children playing games, singing and dancing with them. Children gets stationary items, crayons, colours, school bags, snacks items and lot of goodies. Children were also happy to spend a good time with them. One visitor used to give Yoga service to our children. It was really mental and physically help to the children for make them self strong and healthy.



Some times foreign visitor comes here to give the children voluntary services.



● LOCAL CONTRIBUTIONS:

- Mrs. Poonam Khatoria
- Tushar sir
- Binita Baid (Kolkata Sankalp)
- Sarita mam
- Sresth

- Sr. Sabrina

These are our regular donors, they are wonderful and good hearted person who gave their best afford to the children. Kitchen weighing machine, Laser jet Printer, Water can we got from Sr. Sabrina and Washing machine we got from one donor.

CHALLENGES:

One child, she has Psychological disorder (Attention seeking disorder). Sometimes she was out of her won control. That time she was crying, shouting but after her psychological treatment now she is fine. Till now she is under treatment.

One child, she was suffering from high fever and it was not cure so we admitted her in hospital. Now she is stable condition.



thank you